

Antihistamines

Please inform patients to **refrain** from taking **Oral Antihistamines for 5 days** and **Nasal Spray and Eye Drop Antihistamines for 3 days** prior to new patient appointment or testing visit.

If you have active hives, please do NOT stop antihistamine use.

(List may not be complete – advise patient to ask prescribing physician or pharmacist if unsure)

NASAL SPRAYS (3 days)

Astelin Nasal Spray
Astepro Nasal Spray
Azelastine Nasal Spray
Dymista Nasal Spray
Olopatadine HCL Nasal Spray
Patanase Nasal Spray

EYE DROPS (3 days)

Alaway Eye Drops
Azelastine Eye Drops
Bepreve Eye Drops
Elestat Eye Drops
Ketotifen Eye Drops
Lastacaft Eye Drops
Olopatadine Eye Drops
Pataday Eye Drops
Patanol Eye Drops
Visine Allergy Eye Drops
Zaditor Eye Drops
Zyrtec Eye Drops

ORAL ANTIHISTAMINES (5 days)

Actifed	Deconamine	Periactin
Alavert	Desloratadine	Phenergan Promethazine
Allegra	Dimetane – DX	Ranitidine (Zantac)
Alocol DM	Dimetapp	Rondec
Atarax	Diphenhydramine	Rynatan
Azatadine	Doxepin	Rynatuss
Balamine DM	Duravent DA	Semprex
Benadryl	Extendryl	Sudafed Plus
Bromfed	Famotidine	Tanafed
Brompheniramine	Fexofenadine	Tavist
Carbinoxamine	Histex CT	Triacin-C
Cetirizine	Histussin	Triaminic Cold/Allergy
Children’s Tyle (Plus Cold and Allergy)	Hydroxyzine	Trinalin
Children’s Vicks	Levocetirizine	Tussionex
Chlorpheniramine	Loratadine	Tylenol Allergy/Sinus
Chlortrimeton	Meclizine	Tylenol PM
Clarinet	Mirtazapine (Remeron)	Ultrabrom
Claritin	Nyquil	Vicks 44M
Clemastine	Omnihist LA	Vistaril
Cyproheptadine	Palgic	Xyzal
DA Chewables	Patanase	Zyrtec

Additional Medications to Avoid

Trazadone	Quetiapine	Seroquel
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