

# Antihistamines

Please inform patients to **refrain** from taking **Oral Antihistamines for 5 days** and **Nasal Spray and Eye Drop Antihistamines for 3 days** prior to new patient appointment or testing visit.

**(List may not be complete – advise patient to ask prescribing physician or pharmacist if unsure)**

---

## **NASAL SPRAYS** (3 days)

Astelin Nasal Spray  
Astepro Nasal Spray  
Azelastine Nasal Spray  
Dymista Nasal Spray  
Olopatadine HCL Nasal Spray  
Patanase Nasal Spray

## **EYE DROPS** (3 days)

Alaway Eye Drops  
Azelastine Eye Drops  
Bepreve Eye Drops  
Elestat Eye Drops  
Lastacaft Eye Drops  
Pataday Eye Drops  
Patanol Eye Drops  
Visine Allergy Eye Drops  
Zaditor Eye Drops  
Zyrtec Eye Drops

## **ORAL ANTIHISTAMINES** (5 days)

Actifed	Deconamine	Promethazine
Alavert	Desloratadine	Ranitidine
Allegra	Dimetane – DX	Rondec
Alocol DM	Dimetapp	Rynatan
Atarax	Diphenhydramine	Rynatuss
Azatadine	Doxepin	Semprex
Balamine DM	Duravent DA	Sudafed Plus
Benadryl	Extendryl	Tanafed
Bromfed	Famotidine	Tavist
Brompheniramine	Fexofenadine	Triacin-C
Carbinoxamine	Histex CT	Triaminic Cold/Allergy
Cetirizine	Histussin	Trinalin
Children's Tylenol (Plus Cold & allergy)	Hydroxyzine	Tussionex
Children's Vicks	Levocetirizine	Tylenol Allergy/Sinus
Chlorpheniramine	Loratadine	Tylenol PM
Chlortrimeton	Nyquil	Ultrabrom
Clarinex	Omnihist LA	Vicks 44M
Claritin	Palgic	Vistaril
Clemastine	Periactin	Xyzal
Cyproheptadine	Phernergan	Zyrtec
DA Chewables	Polyhistine	