

# Antihistamines

Please inform patients to **refrain** from taking **Oral Antihistamines for 5 days** and **Nasal Spray and Eye Drop Antihistamines for 3 days** prior to new patient appointment or testing visit.

**If you have active hives, please do NOT stop antihistamine use.**

(List may not be complete – advise patient to ask prescribing physician or pharmacist if unsure)

## **NASAL SPRAYS** (3 days)

Astelin Nasal Spray  
Astepro Nasal Spray  
Azelastine Nasal Spray  
Dymista Nasal Spray  
Olopatadine HCL Nasal Spray  
Patanase Nasal Spray

## **EYE DROPS** (3 days)

Alaway Eye Drops  
Azelastine Eye Drops  
Bepreve Eye Drops  
Elestat Eye Drops  
Ketotifen Eye Drops  
Lastacaft Eye Drops  
Olopatadine Eye Drops  
Pataday Eye Drops  
Patanol Eye Drops  
Visine Allergy Eye Drops  
Zaditor Eye Drops  
Zyrtec Eye Drops

## **ORAL ANTIHISTAMINES** (5 days)

Actifed	Deconamine	Phernergan
Alavert	Desloratadine	Promethazine
Allegra	Dimetane – DX	Ranitidine (Zantac)
Alocol DM	Dimetapp	Rondec
Atarax	Diphenhydramine	Rynatan
Azatadine	Doxepin	Rynatuss
Balamine DM	Duravent DA	Semprex
Benadryl	Extendryl	Sudafed Plus
Bromfed	Famotidine	Tanafed
Brompheniramine	Fexofenadine	Tavist
Carbinoxamine	Histex CT	Triacin-C
Cetirizine	Histussin	Triaminic Cold/Allergy
Children's Tylenol (Plus Cold and Allergy)	Hydroxyzine	Trinalin
Children's Vicks	Loratadine	Tussionex
Chlorpheniramine	Meclizine	Tylenol Allergy/Sinus
Chlortrimeton	Nyquil	Tylenol PM
Clarinex	Omnihist LA	Ultrabrom
Claritin	Palgic	Vicks 44M
Clemastine	Patanase	Vistaril
Cyproheptadine	Periactin	Xyzal
DA Chewables	Phernergan	Zyrtec