

Treatments for Allergic Rhinitis

	Ease of Administration	Eye Symptoms	Nasal Congestion	Runny Nose	Sneezing	Post Nasal Drip	Provides Prolonged Desensitization
Oral Antihistamines (Zyrtec®, Allegra® & Claritin®. Generic brands okay too.)	+++	++	-	++	++	++	-
Nasal Steroid (Flonase®, Nasocort® & Rhinocort®)	-	+	+++	++	++	+++	-
Nasal Antihistamines (Azelastine & Olopatadine)	-	-	+	+++	+++	+++	-
Singular® (generic: montelukast)	+++	variable	variable	variable	variable	variable	-
IMMUNOTHERAPY							
SLIT under the tongue allergy immunotherapy	+	++	++	++	++	+	++
SCIT "Allergy Shots"	-	+++	+++	+++	+++	+++	+++